



Anderson Township Senior Center
 7970 Beechmont Ave.
 Anderson Township, OH 45255
AndersonTownshipOH.gov/senior-center

Check out event and program information on Facebook @FriendsOfAndersonTownshipSeniorCenter
 The Anderson Township Senior Center will be closed November 5, 11, 28, 29 and December 24, 25, 31.

Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 a.m.	Silver Sneakers Cardio Oil Painting	Silver Sneakers - Strength and Balance	Woodcarvers Blood Pressure Check Walk and Talk	Silver Sneakers Yoga Watercolors	Silver Sneakers Cardio
10 a.m.	Bridge		Euchre Tone Chimes	Bridge	
10:30 a.m.					
11 a.m.		Tech Table Better Balance Safer You*	Fun and Fitness*	Better Balance Safer You*	
11:30 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12 p.m.		Quilters Mahjong			
12:15 p.m.	Line Dancing*		Creative Writing Every Other Week		
12:30 p.m.		Choir - Sing Along		Creative Circle	Garden Club - Third Friday

*Fee Charged

POSITIVE MIND • POSITIVE VIBES • POSITIVE LIFE

NOVEMBER - DECEMBER

SENIOR Lifestyle

A PUBLICATION OF THE ANDERSON TOWNSHIP SENIOR CENTER

Volunteers Keep Senior Center Running Smoothly

As the holiday season approaches, we want to thank our members and volunteers for all that you do for the Anderson Township Senior Center.

We are grateful to have members who care about others. Examples of this are seen daily as new members are greeted and made to feel welcome. Members help one another when needed and encourage each other.

Our volunteers who devote their time to the betterment of the senior center deserve recognition and appreciation. Our front desk volunteers, Pat Miller, Diane Anderson and JoAnne Young, answer phones, respond to questions and help keep the center running smoothly. John and Lorraine Winther pick up flowers for our dining room each week and help at parties. John also is in charge of grilling hot dogs and hamburgers for our cookouts.

We are thankful for these special members who go above and beyond. We wish them, and all our members, a joyous holiday season.



MISSION STATEMENT • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: "To provide services which protect and enhance the quality of life in our community."
AndersonTownshipOH.gov/senior-center

HOURS
 Monday-Friday
 9 a.m.-2 p.m.
PHONE
 513.474.3100

CLAIRE O'CONNELL
 Activities Manager
COConnell@AndersonTownshipOH.gov
JANELL SCHAEFFER
 Member Services Coordinator
JSchaeffer@AndersonTownshipOH.gov

November

Medicare-Your Questions Answered

Friday, Nov. 1 • 10:30 A.M.

Dave Adams will present this educational program, including information about the impact of the Inflation Reduction Act.

Folk Music with Dave Sanders

Friday, Nov. 1 • 11:30 A.M.

Make a Beaded Pen

Monday, Nov. 4 • 10:30 A.M.

Learn to make beads from old magazines and paper products. Turn your beads into a pen. Samples are at the front desk.

Guitar Music with Jon Armstrong

Monday, Nov. 4 • 11 A.M.

Country Music with Drake

Wednesdays, Nov. 6 and 20 • 11:30 A.M.

StoryPoint Tour and Lunch

Thursday, Nov. 7 • 11:30 A.M.

Meet at this senior living facility, formerly the New England Club, at 8135 Beechmont Ave.

Juniors Helping Seniors-Technology Support

Thursday, Nov. 7 • 3:15 P.M.

The students from Turpin High School return to give a short program and then individual help with cell phones, tablets or laptops. Topic: What's New with Google?

Veterans Day Tribute

Friday, Nov. 8 • 10:30 A.M.

Join us as we honor those who fought for our freedom. Piano music by Annie and patriotic songs by our choir.

Memory Cafe

Tuesday, Nov. 12 • 10:30 A.M.

A comfortable gathering that allows people with dementia and their caretakers to socialize and engage in fun activities.

Flute Music with Mark Huffman

Tuesday, Nov. 12 • 11:15 A.M.

Greeting Card Class

Thursday, Nov. 14 • 10 and 11 A.M.

Make beautiful cards to take home. Sign up early for this popular class. **Cost: \$2.**

Belterra Park

Thursday, Nov. 14 • 11 A.M.

Meet at Belterra Park, 6301 Kellogg Road.

Complete the manifest form at the front desk by November 6.

November Birthday and Thanksgiving Luncheon

Friday, Nov. 15 • 10:30 A.M.

Sign up by November 7 for this special event featuring turkey with all the trimmings, music, festive decorations shopping and fun!

Historian Diane Shields

Monday, Nov. 18 • 10:30 A.M.

Learn about the courageous men aboard the USS Indianapolis, the ship's secret mission and tragic end.

The Goldie Show

Tuesday, Nov. 19 • 10:30 A.M.

Enjoy Tom Goldriner from The Menus perform favorites in a high energy show that will have you smiling and tapping your feet!

Astronomer Dean Regas

Wednesday, Nov. 20 • 10:30 A.M.

This popular speaker returns to share information about the holiday skies and answer your questions about astrological events from 2024.

Folk Music with Seldom the Same

Thursday, Nov. 21 • 10:30 A.M.

A Day of Healing

Friday, Nov. 22 • 9 A.M. to 1 P.M.

Yoga Bob will be back to meet individually with members. A signup sheet will be at the front desk in early November.

Ikebana Holiday Demonstration

Friday, Nov. 22 • 10:30 A.M.

Watch and learn how to make several holiday arrangements using seasonal materials.

Book Blitzers Book Club

Monday, Nov. 25 • 12:30 P.M.

Discussing the book *Lessons in Chemistry* by Bonnie Gamus.

Author's Corner: Rob Lowe

Tuesday, Nov. 26 • 10:30 A.M.

Rob often entertains us, but he will be here to share his new book *To Coney, With Love*, with memories and photographs of its 99-year history.

Help Us Decorate!

Wednesday, Nov. 27 • 10:30 A.M.

We always need a lot of help to put up our many decorations and prepare our center for the holidays.

December

Christmas in Cincinnati

Monday, Dec. 2 • 10:30 A.M.

Member Nick Rehtin will take us down memory lane as we hear about the downtown department stores during the holidays.

Memory Cafe

Tuesday, Dec. 3 • 10:30 A.M.

Flute Music with Mark Huffman

Tuesday, Dec. 3 • 11:15 A.M.

Loveland Historical Museum Holiday Luncheon

Wednesday, Dec. 4 • 11:30 A.M.

Meet at this beautifully restored home, decorated for the holidays. We'll enjoy a light lunch and have time to tour the museum and gift shop. Address: 201 Riverside Ave., Loveland. **Cost: \$35.**

Country Music with Drake

Wednesday, Dec. 4 • 11:30 A.M.

Juniors Helping Seniors-Technology Support

Thursday, Dec. 5 • 3:15 P.M.

Online Gift Giving: "Websites and Ideas" is the topic of discussion, followed by individual assistance with cell phones, tablets or laptops.

Give the Gift of Games

Friday, Dec. 6 • 10:30 A.M.

Member Mark McBride will share games for all ages that would make perfect holiday gifts.

The Forest-Aires Holiday Show

Monday, Dec. 9 • 10:30 A.M.

Always a popular event, this amazing vocal group returns to ATSC, singing seasonal favorites. If you'd like to stay for lunch, sign up by December 2.

The ATSC Choir Holiday Performance

Tuesday, Dec. 10 • 10:30 A.M.

Listen to our own choir sing songs of the season.

Greeting Card Class

Thursday, Dec. 12 • 10 and 11 A.M.

Make beautiful cards to take home. Sign up early for this popular class. **Cost: \$2.**

Once Upon a Time: A Storytelling Workshop

Friday, Dec. 13 • 10:30 A.M.

Creatively engage your imagination, sense of play and storytelling in this interactive program led by the Cincinnati Shakespeare Company.

Piano Music with Annie

Fridays, Dec. 13 and 27 • 11:30 A.M.

The Cincinnati Pops Orchestra Holiday Concert

Saturday, Dec. 14 • Leave ATSC at 1 P.M.

Travel by charter bus to Music Hall to see this amazing performance, featuring Broadway star Norm Lewis, area choirs and dancers, and beautiful decorations. **Cost: \$65.**

Historian Diane Shields

Monday, Dec. 16 • 10:30 A.M.

Favorite holiday movies will be the topic.

Piano and Vocals by Maribeth Samoya

Monday, Dec. 16 • 11:30 A.M.

A Day to Shine-Holiday Version

Tuesday, Dec. 17 • 10:30 A.M.

Listen to our choir, bells and ukulele players as they perform familiar holiday tunes. Our creative writing class will share their work, as well as others who have embraced learning and creating to improve brain health.

December Birthday and Holiday Party

Wednesday, Dec. 18 • 10:30 A.M.

Denny Duvall and the Christmas Tree Ladies will return to help us celebrate! Wear your colorful holiday attire and be ready to dance and sing! Sign up by December 10.

Folk Music with Seldom the Same

Thursday, Dec. 19 • 10:30 A.M.

Games Day!

Monday, Dec. 23 • 10 A.M.

We'll play board games and drink hot chocolate. What a wonderful way to spend the morning!

Noon Year's Eve Party

Monday, Dec. 30 • 10:30 A.M.

Celebrate the New Year with us! Music by Dave and Jackie from the Bob Braun Show. They will take us down memory lane and lead us in singing Auld Lang Syne at noon. Sign up by December 20 (earlier than usual).

Book Blitzers Book Club

Monday, Dec. 30 • 12:30 P.M.

Discussing *Anne of Green Gables* by L.M. Montgomery

Sign Up Now! Broadway Series: Les Miserables

Thursday, Jan. 16 • Bus leaves ATSC at 11:45 A.M.

We will travel by charter bus to the Aronoff Theater to see this Tony Award Winning musical about the French Revolution. Please note the show is 3 hours long - but well worth every minute! **Cost: \$85.**