



**Anderson Township Senior Center**  
 7970 Beechmont Ave.  
 Anderson Township, OH 45255  
[AndersonTownshipOH.gov/senior-center](http://AndersonTownshipOH.gov/senior-center)

Check out event and program information on Facebook  
 @FriendsOfAndersonTownshipSeniorCenter

The Anderson Township Senior Center will be closed Dec. 31, Jan. 17 and Feb. 21.

**Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:15 a.m.				Water Colors	
9:30 a.m.	Silver Sneakers Cardio Oil Painting	Silver Sneakers - Strength and Balance	Woodcarvers	Silver Sneakers Yoga	Silver Sneakers Cardio
10 a.m.	Beginner Bridge	Silver Sneakers - Strength and Balance	Coffee Chat Zoom Blood Pressure New Euchre Group - (first & third Wednesday)	Bridge	
10:30 a.m.					Tai Chi with Jennifer (Not on last Friday of the month)
10:45 a.m.	Tap Dancing				
11 a.m.		Better Balance Safer You-Instructor George		Better Balance Safer You-Instructor George	
11:30 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12:00 p.m.		Quilting			
12:15 p.m.	Line Dancing				
12:30				Creative Circle	

# SENIOR Lifestyle

A PUBLICATION OF THE ANDERSON TOWNSHIP SENIOR CENTER

## Marty Returns for a Look at 2022 Reds

Don't miss one of the most popular presentations of the year- the day Marty Brennaman, the former voice of the Reds, shares his thoughts about what the coming season holds for the Cincinnati Reds.

Join Marty for his annual visit to the Anderson Township Senior Center at 10:30 Monday, Jan. 31. Please make reservations for this event by January 24. Sorry, due to popularity, no guest passes honored for this day.) Wear your Reds ballcap and T-shirts and be ready for pictures, prizes and surprises!

### Brrrr! It's Cold Out There!

Winter weather reminder: If Forest Hills schools are closed, the Anderson Township Senior Center is closed. If Forest Hills schools are delayed, the center is open regular hours.



## Don't Miss Winter Special Events!

### January Birthday Celebration - Party like a King Wednesday, Jan. 5 • Time: 10:30 A.M.

If you're all shook up by the New Year, celebrate all day with a tribute show and Elvis Music with Drake. Even though the King of Rock and Roll is long gone, he will be remembered at the center. Please make reservations by January 3.

### John Kieswetter- Author's Corner Monday, Feb. 7 • Time: 10:30 A.M.

Noted journalist from TV and radio John Kieswetter joins Anderson Township Senior Center members to talk about, "Stories I Never Told You and Some I Did." If you've been a fan over the years of his radio and TV stories and his local and national news coverage, then you won't want to miss this presentation. John has interviewed lots of local celebrities and stars. His new baseball book is: "Joe Nuxhall: The Old Lefthander and Me."

**"The best part of the art of living is to know how to grow old gracefully."**

— Eric Hoffer

**Mission Statement** • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: *"To provide services which protect and enhance the quality of life in our community."*  
[AndersontownshipOH.gov/senior-center](http://AndersontownshipOH.gov/senior-center)

**HOURS**  
 Monday-Friday  
 9 a.m.-2 p.m.  
**PHONE**  
 513.474.3100

**Claire O'Connell**  
 Activities Manager  
[COconnell@AndersonTownshipOH.gov](mailto:COconnell@AndersonTownshipOH.gov)  
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[JSchaeffer@AndersonTownshipOH.gov](mailto:JSchaeffer@AndersonTownshipOH.gov)

## JANUARY

### Memory Café

**Tuesday, Jan. 4 • Time: 10:30 A.M.**

Memory Cafes are comfortable gatherings that allow people with dementia and their care partners to socialize and engage in activities in a safe welcoming environment. Reservations requested by December 29, 2021.

### January Birthday Celebration: Party like a King

**Wednesday, Jan. 5 • Time: 10:30 A.M.**

All day Elvis! Elvis Tribute show, Elvis Music with Drake, fun and games, and of course, jelly donuts!

Reservations due by January 3.

### Diane Shields History Program

**Monday, Jan. 10 • Time: 10:30 A.M.**

Topic: All About Elvis Presley

### Book Blitzers Monthly Movie

**Wednesday, Jan. 12 • Time: 11 A.M.**

### Meet at Cincinnati Art Museum - 953 Eden Park Dr.

**Wednesday, Jan. 12 • Time: 11 A.M.**

Meet at the art museum for a docent-led tour of popular new exhibits and spend the rest of the day browsing other parts of the museum.

### Flute Music with Mark Huffman

New Monthly Musical Feature - second Thursday of the Month

**Thursday, Jan. 13 • Time: 10:30 A.M.**

Mark has been playing the flute since he was eight years old. He is classically trained but has a background as well in jazz music with a degree from Berklee College of Music in Boston.

### Greeting Card Class with Beth

**Thursday Jan. 13 • Time: 10:30 A.M.**

**Cost: \$2.** Make reservations early! This class is always popular.

### Technology Support- Turpin High School Juniors Helping Seniors

**Thursday, Jan. 13 • Time: 3:15 P.M.**

January topic: Free for All! Learn about free movies, free books, free exercise apps, free products – things on the internet that require no payment! Bring your cell phone, tablet, or laptop to receive personalized assistance with any questions you may have.

### Piano Music with Annie

**Fridays- Jan. 14 and 28 • Time: 10:45 A.M.**

### Brain Health Series- Topic: CABVI

**Tuesday, Jan 18 • Time: 10:30 A.M.**

Learn about the importance of sight for brain health, plus hear all about the ways Cincinnati Association for the Blind and Visually Impaired helps those in Greater Cincinnati.

### Country Music with Drake

**Wednesday, Jan. 19 • Time: 11:30 A.M.**

### Meet at Belterra – 301 Kellogg Rd.

**Wednesday, Jan. 19 • Time: 11 A.M.**

Must make reservations in person at ATSC front desk and complete manifest by Jan. 12. No phone reservations taken. Valid ID required to receive \$15 promotional dollars on player's card.

### Seldom The Same Musical Group

**Thursday, Jan. 20 • Time: 10:30 A.M.**

### CSO and Cirque De Soleil at Music Hall

**Sunday, Jan. 23 • Departure Time from ATSC: 12:45 P.M.**

**Return Time approx. 4:30 P.M.**

**Cost: \$55.**

Dizzying heights and Broadway lights merge for a captivating Pops and Cirque mashup. The Pops perform top Broadway hits to accompany athletes defying gravity and doing the seemingly impossible! Proof of vaccination and a photo ID are needed, and a mask for inside. More information on COVID protocols is available at Know Before You Go | CSO ([cincinnati-symphony.org](http://cincinnati-symphony.org)).

### Book Blitzers

**Monday, Jan. 24 • Time: 12:30 P.M.**

James Herriot books; copies will be available at ATSC front desk.

### Police K-9 Program Matt Haverkamp Foundation

**Tuesday, Jan. 25 • Time: 10:30 A.M.**

The foundation was established in remembrance of a beloved K-9 police officer. Its mission is to continue Matt Haverkamp's legacy and keep his memory alive by supporting law enforcement agencies in the greater Cincinnati area.

### Author's Corner- Terri Gaitskill:

**"Getting Older Ain't for Sissies"**

**Wednesday, Jan. 26 • Time: 10:30 A.M.**

Join Terri for a humorous conversation about aging, its challenges and rewards.

### Annual Marty Brennaman Day at ATSC

**Monday, Jan. 31 • Time: 10:30 A.M.**

Join the Hall of Famer for a look at Reds 2022. Stay for a special ballpark style lunch! Sponsor: New England Club. Sorry, guest passes cannot be used for this event. Reservations by January 24.

## FEBRUARY

### Euchre

**Wednesdays- Feb. 2 and Feb. 16 • Time: 10 A.M.**

Join in this fun card game. All levels welcome.

### Country Music with Drake

**Wednesdays- Feb. 2 and Feb. 16 • Time: 10:30 A.M.**

### Folk Music with Dave Sanders

**Fridays- Feb. 4 and Feb. 18 • Time: 10:30 A.M.**

### The Cincinnati Symphony Pops Orchestra – The Music of John Williams

**Sunday, Feb. 6 • Departure time from ATSC 12:45 P.M.**

**Return approximately 4:30 P.M.**

**Cost: \$55.** Hear selections from John Williams' famous compositions, including Superman, Star Wars, E.T. and Jaws. Proof of vaccination and a photo ID needed, and a mask for inside. More information on COVID protocols is available at Know Before You Go | CSO ([cincinnati-symphony.org](http://cincinnati-symphony.org)).

### Author's Corner – A special presentation by John Kieseewetter

**Monday, Feb. 7 • Time: 10:30 A.M.**

*"Stories I Never Told You and Some I Did"* – favorite stories from Cincinnati TV and radio.

John covered local and national news for the *Cincinnati Enquirer* for 30 years. He will share stories about Cincinnati TV, radio, and movies and even some favorite news personalities and stars who grew up in our city.

### Memory Cafe'

**Tuesday, Feb. 8 • Time 10:30 A.M.**

A comfortable gathering that allows people with dementia and their care partners to socialize and engage in activities in a safe, welcoming environment. Reservations requested by February 1.

### Book Blitzers Movie

**Wednesday, Feb. 9 • Time: 11:15 A.M.**

### Greeting card class with Beth

**Thursday, February 10 Time: 10:30 A.M.**

**Coat: \$2.** Make reservations early. This class is always popular.

### Flute Music with Mark Huffman

**Thursday, Feb. 10 • Time: 10:30 A.M.**

Mark has been playing the flute since he was eight years old. He is classically trained but has a background in jazz music, having graduated from Berklee College of Music in Boston.

### Piano Music with Annie

**Fridays- Feb. 11 and 25 • Time: 11 A.M.**

### A Very Special Valentine's Day Party

**Monday, Feb. 14 • Time: 10:30 A.M.**

Join us for music by Wild Carrot, a fun photo booth and a delicious lunch. Make lunch reservations at the front desk by Friday, Feb. 11.

### Brain Health Series:

### Hearing Assistance for Better Brain Health

**Tuesday, Feb. 15 • Time: 10:30 A.M.**

Learn about how important hearing is for brain health. New technologies to make life better for those with hearing challenges will be explained. Dr. Cricket from Cricket Audiology will visit the senior center to share this and more.

### Seldom the Same – Musical Group

**Thursday, Feb. 17 • Time: 10:45 A.M.**

### Joe Ramos – Provident Travel

**Wednesday, Feb. 23. • Time: 10:30 A.M.**

Learn about travel opportunities in 2022!

### Pig Candy for Lunch!

**Thursday, Feb. 24 • Time: 10:50 A.M.**

Meet at this new and popular BBQ restaurant for a fun lunch - 5901 Kellogg Rd. Reservations limited to 25.

### History Presentation by Diane Shields

**Monday, Feb. 28 • Time: 10:30 A.M.**

Topic: Dinner at the White House: Teddy Roosevelt and Booker T. Washington. President Roosevelt often invited guests to dinner. Booker T. Washington, author of the then-popular autobiography, "Up from Slavery," became the first African-American to be entertained at the White House.

## We value your membership!

In order to continue receiving our monthly newsletter and to sign up for our trips, please renew your membership for 2022 as soon as possible.

New membership badges and guest passes will be available at the front desk beginning January 2022.