



Anderson Township Senior Center
 7970 Beechmont Ave.
 Anderson Township, OH 45255
www.andersontownship.org/senior-center

Check out event and program information on Facebook
 @FriendsofAndersonTownshipSeniorCenter

The Anderson Township Senior Center will be closed Sept. 6 for Labor Day.

Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 a.m.	Oil Painting			Water Colors	
9:30 a.m.	Silver Sneakers Cardio		Woodcarvers		Silver Sneakers Cardio
10 a.m.	Beginner Bridge	Silver Sneakers - Strength and Balance	Coffee Chat Zoom Boutique Blood Pressure New Euchre Group - first & third	Bridge Boutique Silver Sneakers Yoga	
10:30 a.m.					Tai Chi with Jennifer
10:45 a.m.	Tap Dancing				
11 a.m.		Better Balance Safer You		Better Balance Safer You-George	
11:30 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12:00 p.m.		Quilting			
12:15 p.m.	Line Dancing				
12:30				Creative Circle - second and fourth	

SENIOR Lifestyle

A PUBLICATION OF THE ANDERSON TOWNSHIP SENIOR CENTER

Say Goodbye to Summer at Reds Game, HOMEARAMA® Showcase

Say goodbye to the sweet days of summer at one last Reds game. Join your senior center friends for an afternoon game on Wednesday, Sept. 22 for the Reds vs. the Pirates. Cost is \$75 and includes the all you can eat ballpark buffet, field level seats and access to the Party Barn just behind seats on the main concourse. Leave the Senior Center at 11 a.m. and return after the game.



Anderson Township Senior Center members receive a special discounted entry fee on Monday, Sept. 27 at the 2021 HOMEARAMA® being hosted in Anderson Township at Parkside Estates. Join fellow Senior Center members at 3:30 p.m. at the site, 8010 Parkside Lake Drive, for a private talk with builders. Show hours run from 4-9 p.m. and include five fully decorated and landscaped luxury homes.

Pay \$10 at the door (regular \$19 per ticket) with cash or card accepted. This event is also open to family and friends. To learn more about the special events of the HOMEARAMA® showcase, go to cincyhomearama.com.

“Age is an issue of mind over matter. If you don’t mind, it doesn’t matter.”

— Mark Twain

Mission Statement • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: *“To provide services which protect and enhance the quality of life in our community.”*
AndersonTownship.org/senior-center

HOURS
 Monday-Friday
 9 a.m.-2 p.m.
PHONE
 474-3100

Claire O’Connell
 Activities Manager
COconnell@AndersonTownshipOH.gov
Janell Schaeffer
 Member Services Coordinator
JSchaeffer@AndersonTownshipOH.gov

2021 Trips and Events

SEPTEMBER

New Group-Euchre

Wednesday, Sept. 1 • Time: 10:00 A.M.

This group meets the first and third Wednesday of the month, all levels welcome, supplies provided.

Country Music with Drake

Wednesdays Sept. 1 and 15 • Time: 11:30 A.M.

September Birthday Celebration-Football Theme

Thursday, Sept. 2 Time: 11 A.M. Music by P's in a Pod
Dessert sponsors are Salem Woods and Odds and Ends Boutique. Also visiting will be Who Dey, the Bengals mascot.

New Monthly Feature First Friday of the Month: Music with Dave Sanders

Friday, Sept. 3 • Time: 10:30 A.M. Sanders is a folksinger who plays guitar with a unique finger and capo style. His songs range from the 1930s through the 70s, each performed with his own unique treatment.

Memory Café

Tuesday, Sept. 7 • Time: 10:30 A.M.

Memory Cafés are a comfortable gathering that allow people with dementia and their care partners to socialize and engage in activities in a safe, welcoming environment. **Reservations requested by September 3 by calling 474-3100.**

Provident Travel Program with Joe Ramous

Tuesday, Sept. 7 • Time: 11 A.M.

Join this event to learn about upcoming travel for 2021-2022.

Book Blitzers Movie

Wednesday, Sept. 8 • Time: 11:15 A.M.

Movie is “A Tree Grows in Brooklyn.”

Card Making Class with Beth

Thursday, Sept. 9 • Time: 10:45 A.M.

Sign up to make seasonal greeting cards.

Cost: \$2. View samples at font desk.

Fall Luncheon at New England Club

Thursday, Sept. 9 • Time: 11:30 A.M.

Learn about this community.

Piano Music with Annie

Friday, Sept. 10 and 24 • Time: 10:30 A.M.

New Monthly Feature: Games People Play

Monday, Sept. 13 • Time: 10:30 A.M.

Humana Education Program: How Nutrition Changes as You Age

Tuesday, Sept. 14 • Time: 11 A.M.

Healthy snacks provided.

Full Moon Ranch- Musical Group

Friday, Sept. 17 • Time: 10:30 A.M.

Dessert sponsor is Aetna Insurance. Paid for by Eileen Ayer fund.

Diane Shields History Program: Taj Mahal

Monday, Sept. 20 • Time: 10:30 A.M.

Paid for by Eileen Ayer fund.

Pro Seniors Educational Program

Tuesday, Sept. 21 • Time: 11 A.M.

How to choose a nursing home or assisted living facility.

Cincinnati Reds vs. Pirates Day Out-Great American Ball Park

Wednesday, Sept. 22 • Depart ATSC: 11 A.M. • Return after the game.

Cost: \$75 Includes all you can eat ballpark buffet, field level seats and access to the Party Barn just behind seats on the main concourse. A must for all Reds Fans.

Seldom The Same Musical Group

Thursday, Sept. 23 • Time: 10:45 A.M.

OSHIP - Ohio Senior Health Insurance Information Program

Friday, Sept. 24 • Time: 10:30 A.M.

2022 Medicare updates information.

Book Blitzers ATSC Book Club

Monday, Sept. 27 • Time: 12:30 P.M.

Book under discussion is “The Book Woman of Troublesome Creek” by Kim Michele Richardson. Books available at ATCS.

Anderson Township Senior Center Day at HOMEARAMA®

Monday, Sept. 27 • Time: 3:30 P.M. Private talk with builders. Show hours 4-9 P.M.

Meet at Parkside Estates, 8010 Parkside Lake Drive.

Don't miss this opportunity to tour these spectacular homes.

ATSC special one day price \$10. Pay at the door, cash or card accepted. This event is open to family and friends, too.

More details at cincyhomearama.com.

Brookdale Senior Living

Tuesday, Sept. 28 • Time: 11 A.M.

Learn about this community and decorate cookies.

90 Plus Celebration

Thursday, Sept. 30 • Time: 11 A.M.

All are invited to honor our special members who are age 90 years and up. Enjoy music and pay tribute to the members.

OCTOBER

First Friday Music With Dave Sanders

Friday, Oct. 1 • Time: 10:30 A.M.

Memory Café

Tuesday, Oct. 5 • Time: 10:30 A.M.

Memory Cafés are comfortable gatherings, allowing people experiencing dementia and their care partners to socialize and engage in activities in a safe, welcoming environment. Reservations requested by October 1.

Country Music with Drake

Wednesday, Oct. 6 • Time: 11:30 A.M.

Desserts provided by The Ashford.

New Program: Technology Support

Turpin High School juniors helping seniors tech group

Thursday, Oct. 7 • Time: 3:15-5:15 P.M.

October's topic is Smart Phone usage including features, basics, apps to texting to photo sharing and calendar.

Piano Music with Annie

Fridays Oct. 8 and 22 • Time: 10:30 A.M.

Games People Play

Monday, Oct. 11 • Time: 10:30 A.M.

Bring a game to share or join in.

AARP Safe Driver Course

Monday, Oct. 11 • Time: 9 A.M.-1 P.M. (working lunch)

Bring lunch or make reservations at ATSC for lunch day before. **Cost: \$20** AARP members, **\$25** Non-AARP members. Make checks to AARP. Reservations required.

Unlock the Power to Declutter

Tuesday, Oct. 12 Time: 11 A.M.

Discover the peace of mind by decluttering one room at a time. Presented by Twin Lakes Retirement Communities.

Book Blitzers Movie

Wednesday, Oct. 13 • Time: 11:15 A.M.

Check at ATSC for title. No reservations needed.

Card Class with Beth

Thursday, Oct. 14 • Time: 10:45 A.M.

Cost: \$2. Reservations required. Make two seasonal cards. View samples at font desk.

Provision Living Communities Lunch and Tour

Thursday, Oct. 14 • Time: Noon Meet at 4299 Bach Buxton Road. Enjoy lunch and see this unique new community in our area. **Reservations required by October 7.**

Medicare Q AND A with Mackenzie Bennett of Raymond James

Friday, Oct. 15 Time: 10:30 A.M.

History Program With Diane Shields: Life of Bob Hope

Monday, Oct. 18 • Time 10:30 A.M.

Lunch and Tour of The Ashford of Mt. Washington

Tuesday, Oct. 19 • Time: 11 A.M.

Meet at 1131 Deliquia Drive in Mt. Washington. Experience affordable retirement living featuring Independent, assisted and memory Care. **Reservations by October 13.**

Meet at Belterra Park

Belterra Park is at 6301 Kellogg Ave. **Wednesday, Oct. 20 • Time: 11 A.M.**

Stop by ATSC and complete manifest by Oct. 13.

No phone reservations taken. Valid ID required to receive

\$15 promo dollars on player's card.

Seldom The Same Music Group

Thursday, Oct. 21 • Time: 10:45 A.M.

Book Blitzers

Monday, Oct. 25 • Time: 12:30 A.M.

Book Title: is “The Princess Bride” by William Goldman.

Books available at ATCS.

Lunch Bunch Meet at Grove Park Grill

Tuesday, Oct. 26 • Time: 11:30 A.M.

6735 Kellogg Ave. **Sign up required by October 19.**

Tie Dye Class

Wednesday, Oct. 27 • Time: 10:30 A.M.

Bring up to three items to dye. For best results choose only 100 percent cotton. **Reservations required by Oct. 20.**

Exercise for Brain Health - Brain Health Series

Thursday, Oct. 28 • Time: 11 A.M.

Halloween Ho Down

Friday, Oct. 29 • Time: 10:30 A.M. Music by Wayne and Emily's Family Band. Wear western wear or a costume and

join in the fun. Dessert sponsor is Aetna Insurance.

Guest passes are available; ask at front desk for yours.