

# Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.\*

**MONDAY**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**9:00 a.m.**

**9:30a.m.** Silver Sneakers Cardio Oil Painting Woodcarvers Watercolors Silver Sneakers Cardio

**10 a.m.** Beginner Bridge Silver Sneakers Strength and Balance Coffee Chat Zoom Bloodpressure Bridge Silver Sneakers Yoga

**10:30 a.m.** Tai Chi with Jennifer

**10:45 a.m.** Tap Dance

**11 a.m.** Better Balance Safer you - George Better Balance Safer you - George

**11:30 a.m.**

**12:00 p.m.** Quilters

**12:15 p.m.** Line Dancing

\*All classes are at ATSC unless noted.